

# **INNOVATIONS FOR HEALTHY AGING**

**HHS 798(03) & HHS  
898(02)  
TERM 4**

**THIS COURSE IS HYBRID.  
2 IN PERSON EXPERIENCES  
(VR SIM & HEALTH FAIR TIME TBD)**

**HANDS ON EXPERIENCE AT  
THE AGE OF CHAMPIONS  
HEALTH FAIR**

**THIS COURSE IS DESIGNED TO PROVIDE STUDENTS WITH AN INTERPROFESSIONAL EXPERIENCE WITH A COLLABORATIVE APPROACH TO OPTIMIZE THE HEALTH, BEHAVIORAL HEALTH AND QUALITY OF LIFE OF OLDER ADULTS AND WILL CULMINATE IN A HANDS-ON VIRTUAL REALITY LEARNING EXPERIENCE LINKED TO UNH'S AGE OF CHAMPIONS HEALTH AND WELLNESS FAIR. THE COURSE WILL COVER WHAT IT MEANS TO ENGAGE IN HEALTHY, ACTIVE AGING AND INTRODUCE STUDENTS TO A RANGE OF DIGITAL HEALTH INNOVATIONS THAT CAN SUPPORT HEALTHY, ACTIVE AGING.**

**VIRTUAL REALITY  
EXPERIENCE OF A  
SIMULATED CASE**

**STUDENTS WILL APPLY WHAT IS LEARNED IN THE COURSE IN REAL LIFE SCENARIOS WITH THEIR PEERS FROM OTHER DISCIPLINES. ADDITIONALLY, STUDENTS WILL BE EXPOSED TO CUTTING EDGE RESEARCH, INTERVENTIONS, TECHNOLOGIES, AND COMMUNITY AGENCIES INVOLVED IN THE FIELD OF AGING.**

**\*STUDENTS UNABLE TO MAKE THE IN PERSON DAYS  
WILL BE GIVEN AN ALTERNATIVE ASSIGNMENT**

**Receive Credit toward the  
Gerontology Multidisciplinary  
Minor**