## INNOVATIONS FOR HEALTHY AGING

HHS 798(03) & HHS 898(02) TERM 4



VIRTUAL REALITY EXPERIENCE OF A SIMULATED CASE



THIS COURSE IS HYBRID. THERE WILL BE 2 IN PERSON EXPERIENCES ( VR SIM IS MAY 10TH AND HEALTH FAIR TIME IS TBD)

HANDS ON EXPERIENCE AT THE AGE OF CHAMPIONS HEALTH FAIR

THIS COURSE IS DESIGNED TO PROVIDE STUDENTS WITH AN INTERPROFESSIONAL EXPERIENCE WITH A COLLABORATIVE APPROACH TO OPTIMIZE THE HEALTH, BEHAVIORAL HEALTH AND QUALITY OF LIFE OF OLDER ADULTS AND WILL CULMINATE IN A HANDS-ON LEARNING EXPERIENCE LINKED TO UNH'S AGE OF CHAMPIONS HEALTH AND WELLNESS FAIR. THE COURSE WILL COVER WHAT IT MEANS TO ENGAGE IN HEALTHY, ACTIVE AGING AND INTRODUCE STUDENTS TO A RANGE OF DIGITAL HEALTH INNOVATIONS THAT CAN SUPPORT HEALTHY, ACTIVE AGING.

THE COURSE STRUCTURE ALLOWS STUDENTS TO APPLY WHAT IS LEARNED IN THE COURSE IN REAL LIFE SCENARIOS WITH THEIR PEERS FROM OTHER DISCIPLINES. ADDITIONALLY, STUDENTS WILL BE EXPOSED TO CUTTING EDGE RESEARCH, INTERVENTIONS, TECHNOLOGIES, AND COMMUNITY AGENCIES INVOLVED IN THE FIELD OF AGING. BY THE END OF THIS COURSE, STUDENTS WILL LEARN ABOUT HEALTHY AGING SYSTEMS, AGING IN PLACE, COMMUNITY SERVICES AND RESOURCES FOR OLDER ADULTS, AND PARTICIPATE IN A VIRTUAL REALITY (VR) SIMULATION WITH AN OLDER ADULT CLIENT.

"STUDENTS UNABLE TO MAKE THE IN PERSON DAYS WILL BE GIVEN AN ALTERNATIVE ASSIGNMENT

Receive Credit toward the Gerontology Multidisciplinary Minor